



## Leadership for Life

### DESCRIPTION

If you are a manager and wish to be known as a real leader, this course is for you. This course gives you hands-on inspiration, tools, techniques and insights into what it takes to become a real leader. It enables you to practice these new skills in a safe environment, and gives you the ability and motivation to use them in your life and work.

- Leading **yourself**
- Setting **goals** and reaching them
- **Time** management
  - Projects
  - Emails
  - Meetings
- Emotional **Intelligence**
- **Inspiring** others
- Effective **delegation**
- **Problem** solving
- **Creative** thinking
- **Relationship** management
- **Stress** management
- Embracing **Change**
- Understanding and developing your **potential**
- Creating a **service-culture** for your customers
- Finding a **life balance**

### OUTLINE

This 3-day interactive workshop uses useful exercises, tools and techniques to show you how to **take that step further and become a real leader.**

It covers:

- Managing and leading yourself
- Where are you now, where do you want to be?
- Leading others
- Managing time
- Managing change
- Managing problems

### BENEFITS

This Advanced Leadership Skills course uses the principle of “little theory, much practice” allowing you to take back **real and practical** skills, tools, and techniques that take you to a higher, more performing level in your life.

It is a course tailored to the needs of existing or new leaders who wish to improve the way they work and think.